



Te Ara Whakapiri –
Care in the last days of life



Patient Label

Name: _____

NHI: _____ DOB: _____
dd/mm/yy

Address: _____

Ongoing care of the dying person

Use the ACE coding below, initial each entry and record details in the progress notes. Seek a second opinion or specialist palliative care support as needed.

ACE codes:	A = Achieved No additional intervention required	C = Change Intervention required and documented	E = Escalate Medical or senior nurse review required and documented
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Domains and goals	Date (dd/mm/yy)								
	Time (24 hour)								
Domain B: Te taha tinana – Physical health									
1. Pain The person is pain free at rest and during any movement.									
2. Agitation/delirium/restlessness The person is not agitated or restless and does not display signs of agitated delirium or terminal anguish.									
3. Respiratory tract secretions The person is not troubled by excessive secretions.									
4. Nausea and vomiting The person is not nauseous or vomiting.									
5. Breathlessness/dyspnoea The person is not distressed by their breathing.									
6. Other symptoms (document fully in clinical notes) The person is free of other distressing symptoms, e.g. myoclonic jerks, itching.									
7. Mouth care The person's mouth is moist and clean.									
Nurse initials each set of entries									
			AM	PM	Night	AM	PM	Night	
8. Elimination (bowels and urination) Outputs are managed with pads, catheters, stoma care, rectal interventions, etc. <i>Note: Observe for distress due to any of the following: constipation, faecal impaction, diarrhoea, urinary retention.</i>									
9. Mobility/pressure injury prevention The person is in a safe and comfortable environment. Repositioning and use of pressure relieving equipment is effective.									
10. Hygiene/skin care The person's personal hygiene needs are met. The person's family/whānau has been given the opportunity to assist with the person's personal care.									
11. Food/fluids Oral intake is maintained for as long as the person wishes. If in place, artificial hydration and feeding is meeting the person's needs.									

Acknowledgement to Ministry of Health for sharing resource



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dd/mm/yy
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Ongoing care of the dying person
- continued

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Domains and goals	Date <small>(dd/mm/yy)</small>						
	Time	AM	PM	Night	AM	PM	Night
Domain C: Te taha hinengaro – Psychological / mental health							
12. Emotional support Any emotional distress such as anxiety is acknowledged and support is provided.							
13. Cultural The person's cultural needs are acknowledged and respected.							
Domain D: Te taha wairua – Spiritual health							
14. Addressing spiritual needs Religious and spiritual support is offered to the person and to their family/whānau as per the person's wishes.							
Domain E: Te taha whānau – Extended family health (these items refer to the health of the carers, not the person)							
15. Emotional support Any distress relating to issues such as grief and anxiety is acknowledged and addressed. The need for privacy is respected.							
16. Practical support Advice and guidance are offered according to the needs of the person's family/whānau.							
17. Cultural support The cultural needs of the family/whānau are reviewed and care is mindful of these needs.							
18. Communication Communication is open to address any fears or concerns about the dying process.							
Nurse initials each set of entries							