



Te Ara Whakapiri –
Care in the last days of life



Patient Label

Name: _____
 NHI: _____ DOB: _____
dd/mm/yy
 Address: _____

Home care in the last days of life

Complete at least once a day with the help of your nurse or doctor if needed. **Use the ACE codes in the boxes. Health professionals must initial entries at the end of this care plan and any actions taken in relation to a Change or Escalation should be documented in the progress notes and care plan.**

ACE codes:	A = All good Issue is being managed well or is not a problem	C = Change of care made Have needed to make a change to care but everything is under control	E = Extra help requested Treatment is not working and is causing concern
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Domains and goals	Date	/	/	/	/	/	/
	Time						
Domain B: Te taha tinana – Physical health							
1. Pain The person is comfortable when resting and during any movement. They have told you if they can that they are not sore, achy or in pain.							
2. Restless, muddled or agitated You think the person is settled and not confused or distressed.							
3. Noisy breathing The person is breathing comfortably and is not making noises that they or you find upsetting.							
4. Nausea and vomiting The person tells you that they are not feeling queasy or want to be sick. They have not vomited.							
5. Breathlessness The person tells you (and it appears) that their breathing is comfortable. <i>Note: It is normal for breathing to change a little at this time.</i>							
6. Other symptoms There any no other symptoms causing distress or concern.							
7. Mouth care The person tells you that their mouth is comfortable and it looks moist and clean.							
8. Going to the toilet Opening bowels and passing urine are not difficult or painful. Constipation, faecal impaction, diarrhoea, urinary retention, etc, may be managed with pads, catheters, stoma bags, bottles or bed pans.							
9. Mobility/pressure injury prevention Turning in bed is being managed without distress. The person's skin is not broken or red and any dressings are in place.							

Home care in the last days of life
- continued

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Domains and goals	Date	/	/	/	/	/	/
	Time						
Domain B: Te taha tinana – Physical health (cont.)							
10. Hygiene/skin care The person is kept clean and comfortable, with the help of carers if needed.							
11. Food/fluids You and the person are happy with the plan for managing their food or fluid intake. <i>Note: This may be the occasional sip of drink or teaspoon of food, or for many people, this may mean no intake at all.</i>							
Domain C: Te taha hinengaro – Psychological / mental health							
12. Emotional support Any emotional concerns, such as anxiety, are being attended to.							
13. Cultural Any cultural preferences are being respected.							
Domain D: Te taha wairua – Spiritual health							
14. Addressing spiritual needs The person feels confident that their spiritual or religious needs are being met adequately and they have contact with any spiritual advisors as required.							
Domain E: Te taha whānau – Extended family health							
15. Emotional support The person’s family/whānau is receiving enough support and guidance to continue caring.							
16. Practical support The family/whānau is receiving enough help and has contact numbers to refer to if needed.							
17. Cultural support This is available if needed and visitors are respectful of the cultural preferences of the family/whānau.							
18. Communication Conversations about to what to expect occur whenever the family/whānau require them.							
Nurse initials (covers all entries)							