



How to give Subcut Medication at Home



www.hospicewaikato.org.nz

We've created a simple step-by-step guide to help you administer subcutaneous medication at home.

You'll know the medication is working as your loved one experiences a reduction in symptoms or pain as the medication takes effect.

If you notice any of the following issues at the site of injection, please contact your loved one's healthcare team.

- Redness
- Swelling
- Leakage
- Resistance while giving the injection

Thank you for supporting your loved one's care.
If you have any questions, call us on 07 859 1260.

For emergencies, please call 111.

We're here for you every step of the way.

Warmly,
The Hospice Waikato Team



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Part 1

1

Clean Hands & Check Site

Wash and dry hands. Check injection site for redness and swelling. If present, stop and call us.



2

Verify Details

Make sure you have the correct medication and dosage.



3

Sanitize Line

Vigorously scrub the end of the line with an alcohol swab for 15 seconds.



Part 2

4

Connect Line & Syringe

Twist off cap from the syringe and then twist syringe onto the line.



5

Inject slowly

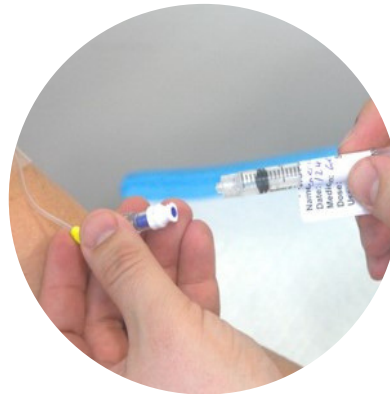
Push medication from the syringe slowly in to the line.



6

Detach & Discard

Remove syringe and place into the discard container.



Part 3

7

Connect Line & Flush Syringe

Twist the flush syringe onto the line and push in the 0.5 mls slowly.



8

Storage

Untwist syringe and reattach to the flush.



9

Medication Recording Sheet

Finally, record what medication you gave and at what time.

