

Tō tātou reo

Advance Care Planning

MythBusters

1

Tō tātou reo – advance care planning is a legally binding document.

Tō tātou reo – advance care planning is **NOT** legally binding



4

No one looks at your plan, so why bother?

All health professionals are now being upskilled and trained to ask if a person has an advance care plan, especially in acute medical situations.



7

My lawyer has all these details on file in their office. I do not have to fill out another document.

Well done for having this conversation with your lawyer!

However, lawyers do not automatically share this information with either your GP or the Hospital.

If your plan is not visible on your GP / Hospital record, health professionals will not be aware of your healthcare goals and wishes.



2

Tō tātou reo – advance care planning is only for old people who are going to die soon.

I'm not unwell, old or dying. Why do I need to think about this?

Tō tātou reo – advance care planning conversations are appropriate for all capable and competent adults.

It's never too soon to start talking about what matters to you for your future healthcare goals and wishes.

No one has a crystal ball - we do not know what the future holds.

What an awesome gift /taonga to share with your family / whānau.



5

I need to go to a lawyer to complete an advance care plan

Any health professional should be able to support you to complete your plan.

Hospice Waikato offer **free support**.

See Myth Buster 9



8

I cannot afford to visit my GP to have this conversation

Hospice Waikato offer **free support** in the community for the Waikato region.

See Myth Buster 9



3

I need to set up an enduring power of attorney (EPOA)

Best practice is to set up an EPOA for Care and Welfare.

It is important, however, to identify someone whom you trust to advocate for you in case, for whatever reason, you lose capacity to make decisions for yourself.

You can document this information in your plan.



6

I need to have access to a computer to complete an advance care plan

All GP practices and Hospital clinics are able to provide hard copy of tō tātou reo – advance care planning resources.

If you are not registered with a GP,

See Myth Buster 9



9

There's no one to contact about tē tātou reo - advance care planning support for the Te Whatu ora Waikato region.

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