
Palliative care services in the community and at home

Hospice Waikato provides community-based palliative care services for all ages across the Waikato. Hospice works closely with other health providers including GPs, District Nurses and DHB hospitals.

Hospice services include:

- Palliative Care Specialist Doctors
- Community Nursing Service
- Family Support Services - counselling, social work and spiritual care
- Music and creative therapies
- Outpatient clinics
- Bereavement support
- Short term loan medical equipment
- Volunteer support services

plus

- The Hospice Waikato Inpatient Unit in Cobham Drive, Hamilton, provides short term admission for people who need symptom management, respite and last days of life care.
- Rainbow Place hospice services for children and young people, including planned respite and grief and bereavement support.
- Support for residents in aged care/rest home facilities who have palliative care needs.
- Education and training for other health professionals.

Rural Hospice services

Outside of Hamilton, Cambridge and Ngaruawahia, palliative care is provided in collaboration with Waikato DHB Community and Rural Health Services.

- Hospice Community Nursing Services work closely with District Nurses to provide palliative care in peoples' homes.
- Specialist palliative care outpatient clinics held at rural hospitals.
- Limited access to Hospice Family Support Services.
- Short term loan medical equipment from Hospice or District Nursing.
- Access to other health workers, such as dietitians, if you want or need support and advice.

You can get a referral to Hospice or District Nursing services by your GP, hospital doctor or other health professional.

More information

Waikato District Health Board and Hospice Waikato have leaflets and other support information about palliative care. Ask your hospital care team or ring Hospice Waikato if you would like more information or resources.



Palliative Care at Waikato Hospital

“He Kahu Pitongatonga
A Cloak of Protection”

The aim of palliative care is to help people to achieve and maintain their potential in all aspects of their life, however limited this may be as a result of the progression of their disease or illness.

Our role

The Palliative Care team at Waikato Hospital is here to provide physical and emotional care for patients with advanced and life limiting disease.

We are called in by the doctors and nurses in the hospital ward.

Our role is to help with

- managing your symptoms and pain relief while you are in hospital
- supporting you and your family
- linking you to services and support that is available in the community.

We work closely with Hospice Waikato and with your general practitioner (GP/family doctor).

Although we are a hospital team, we support palliative care in the community which enables patients to be cared for and to die at home. Hospice Waikato is the main provider of community-based palliative care services.

Please be assured that you can receive excellent palliative care

- in hospital
- in the community
- and your own home

Our team at Waikato Hospital

The Waikato Hospital Palliative Care team are people who specialise in palliative care.

Currently the team members are:

Consultants

Dr Stuart Brown	Dr Tom Reid
Dr Lara Hoskins	Dr Anna Armstrong
Dr Murray Hunt	Dr Peter Kirk

Registrars

Our team also has registrars rotating through this service.

Clinical nurse specialists

Claire Notman	Noelle Farrell
Robyn Allen	

Kaitiaki - Cultural support for Māori and whānau
Each ward has an assigned Kaitiaki.

Chaplain

Chaplains can be accessed through ward staff.

Administrator

Dyan Walker

Allied staff

Patients are supported by allied health staff, including physiotherapists, occupational therapists, dietitians, psychologists, and social workers on the wards.

Contact details

During working hours

Waikato Hospital Palliative Care team
Phone (07) 839 8691

After hours

After hours, department calls will be transferred to Hospice Waikato. There is a palliative care consultant on call at the hospital after hours, who may be contacted by the admitting team at their discretion.

When you leave hospital

Your nurse or doctor will discuss how your care will be managed once you are discharged from hospital.

Your GP/family doctor is seen as an essential part of your care.

If required

- clinics are held at Hospice Waikato, Hamilton
- regional clinics are held at the rural hospitals in Thames, Tokoroa, Taumarunui, Te Kuiti.

There are also many palliative care services in the community and in people's homes offered by Hospice Waikato and by Waikato District Health Board (Waikato DHB).

See over the page for information about palliative care in the community and at home.