



**STATISTICS
FOR THE YEAR
ENDED
30 JUNE 2011**





Outcomes for year ended 30 June 2011

Services of Hospice Waikato

Hospice Waikato provides accessible, quality palliative care to all age groups and cultures across the whole Waikato, King Country and Thames/Coromandel region. Hospice Waikato is the only service of its type in the Waikato and the only Hospice in New Zealand to have a separate designated service for children and young people which is Rainbow Place.

We provide four unique multi-disciplinary modes of care:

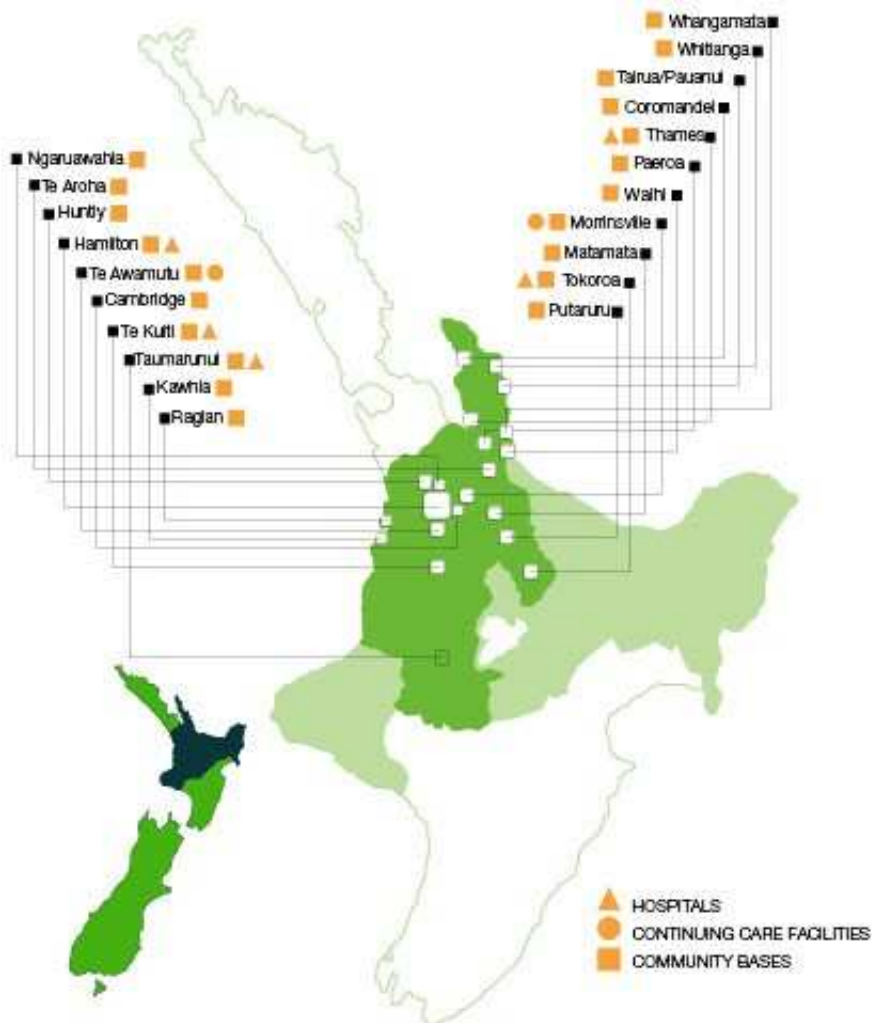
Hospice@Home: Hamilton, Cambridge & Ngaruawahia

Collaborative Care: The greater Waikato region

Rainbow Place: Children and young people across the whole region

In-Patient Unit: Respite and end of life care

The region that we work in mirrors that of the Waikato District Health Board.





Hospice@Home:

A team of palliative care trained nurses provides a full specialist nursing service to terminally ill patients and support to their families, which includes an on call out of hours service, 24 hours x 7 days per week. Patients and families cared for by this team have access to social worker, counselling, support groups, art therapy and bereavement services. Hospice@Home provides the regional 24-hour phone on call service for professionals.

Collaborative Care:

A team of palliative care trained nurses provides services to terminally ill patients and support to their families in partnership with the District Nursing service. The Hospice nurse is primarily responsible to support the psychosocial aspects of care as well as making referrals to social worker or counsellors as required. Hospice provides the ongoing bereavement care after the patient dies.

Rainbow Place:

A team of nurses and therapists who provide specialist child focused, family centered services to children and young people across the region who are affected by serious illness and bereavement. The service is for children, young people (up to 19 years), their families and friends. Referrals can be made for children and young people:

- Affected by the serious illness and/or death of a loved one
- Who have a life limiting / life threatening or palliative illness

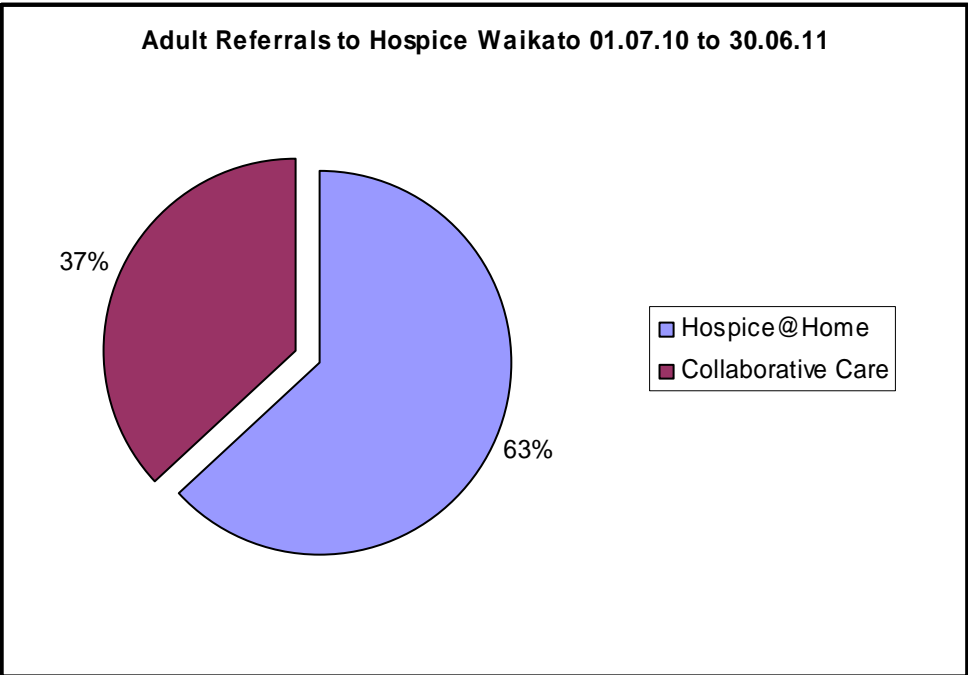
In-Patient Unit:

A team of nurses and health care assistants who provide symptom management, respite and end of life care. The unit opened in March 2010.

Referrals:

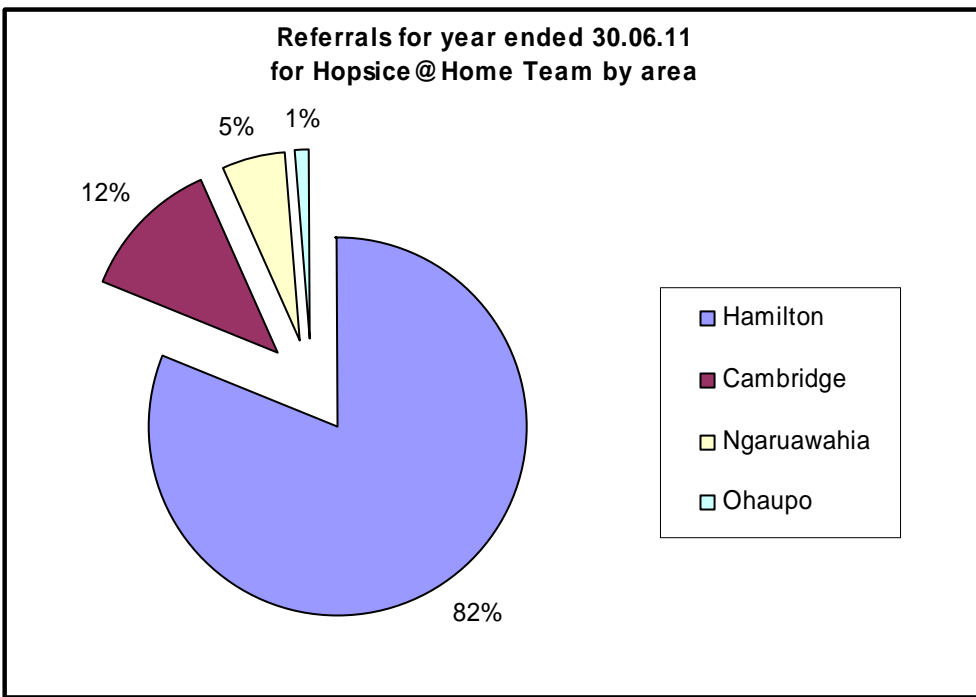
As at 30 June 2011 Hospice Waikato was working with 285 terminally ill patients and their families, around 713 people. In the period 1 July to 30 June 2011 Hospice Waikato received 636 (not including the 8 referrals from Rainbow Place) referrals for adults with a palliative diagnosis. 63% (401) of these were for the Hospice@Home Team (Hamilton, Ngaruawahia & Cambridge townships) and 37% (235) were for Collaborative Care (rural areas of the Waikato).

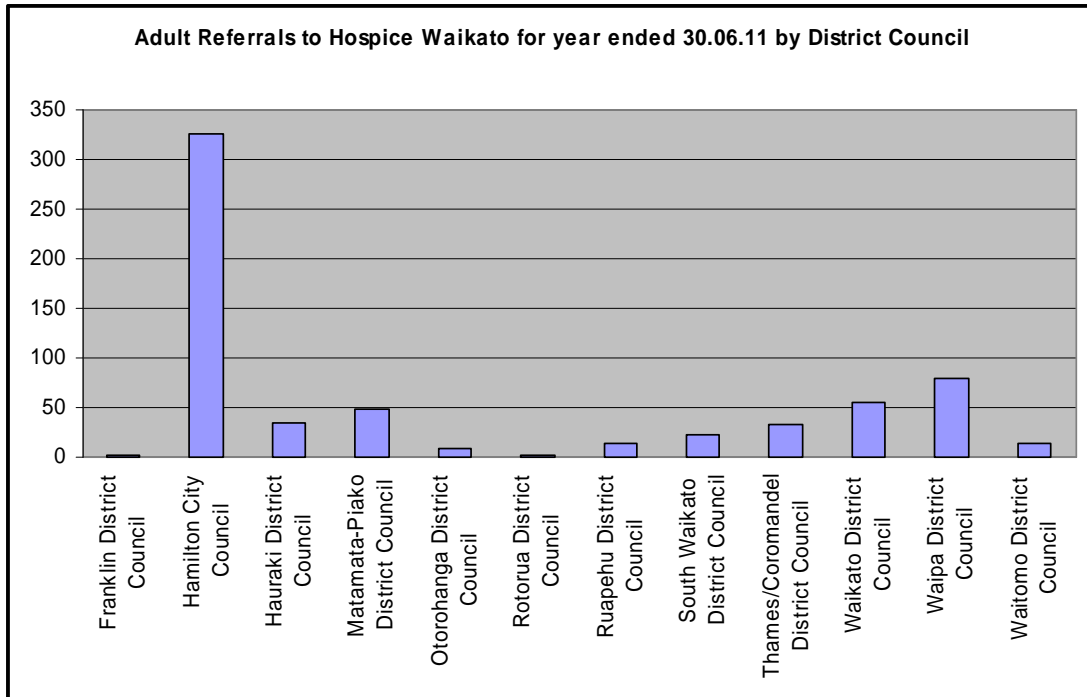
Referrals to all our services have risen from the 633 referrals received in the previous year.



Where patients and families live:

The graph below confirms that the majority of the patients who are referred to Hospice Waikato live in Hamilton. The numbers of those living outside Hamilton, Ngaruawahia and Cambridge are increasing annually, now representing 39% of all adult referrals received.

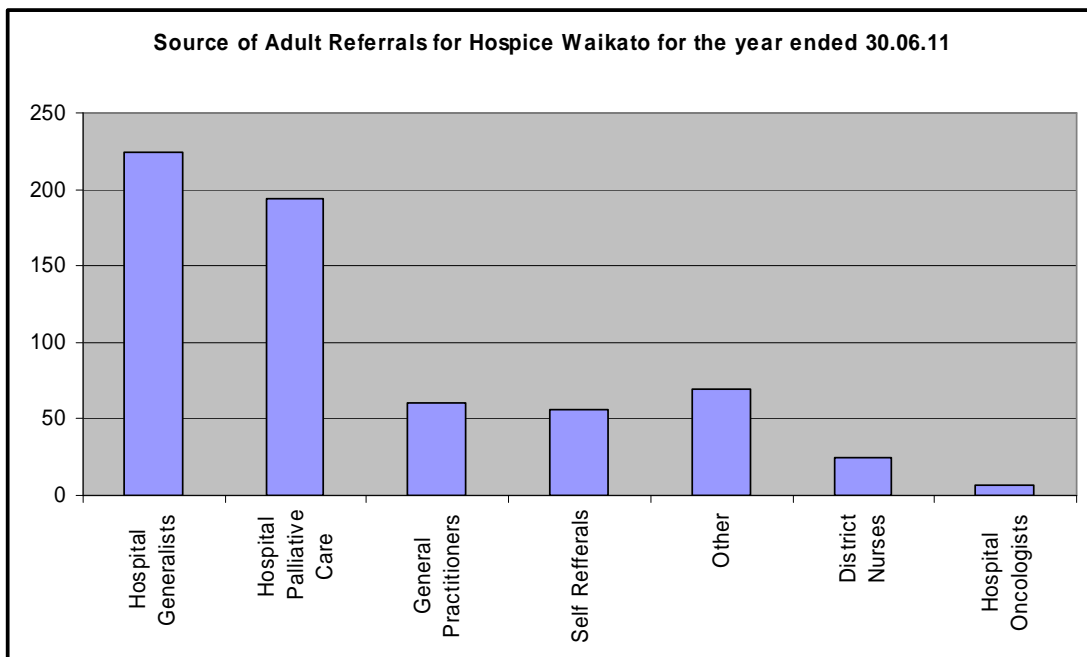


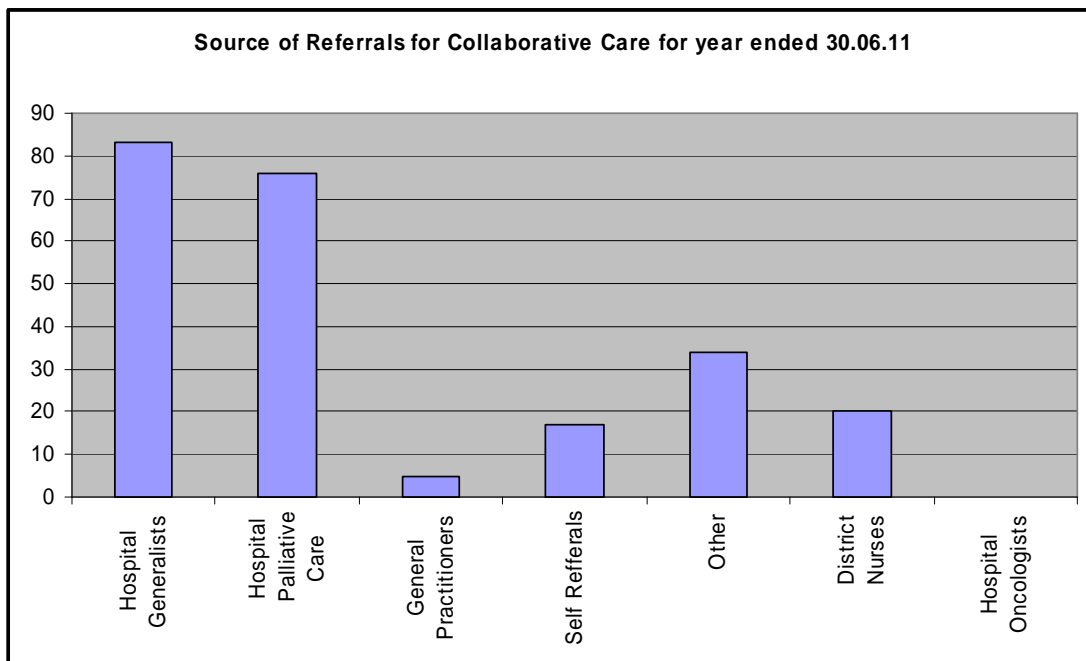
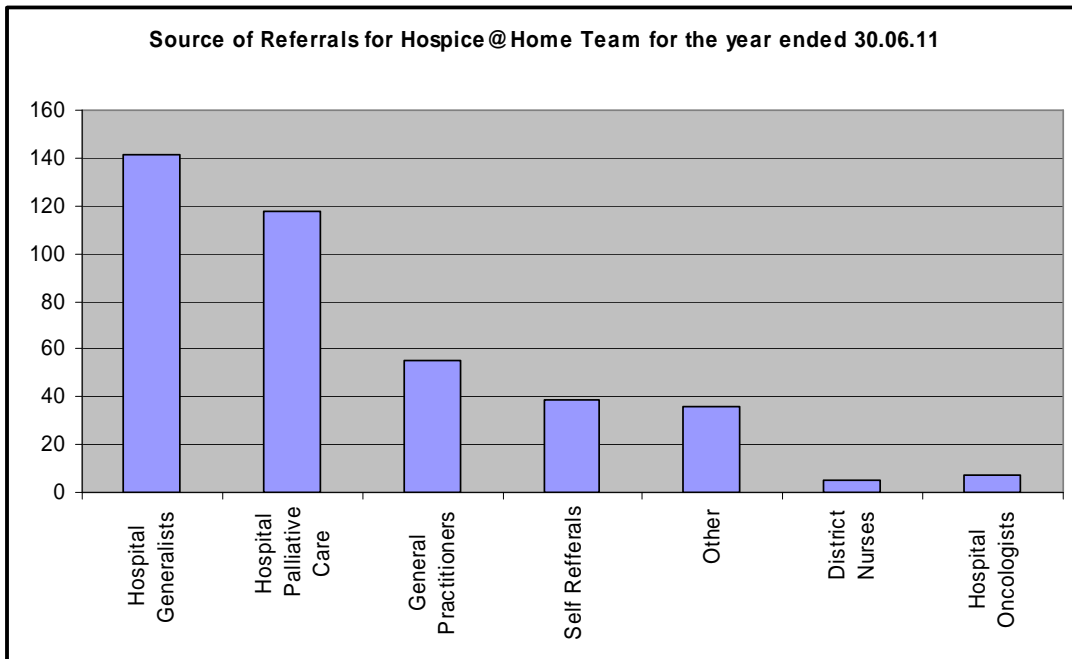


With 49% of people in our region living outside Hamilton City the referral patterns for both Hospice@Home and Collaborative Care teams reflect the communities in which we work.

It needs to be remembered that the graphs above refer to new referrals received during the year ended 30 June 11 and does not include the patients who were current at the beginning of the year.

Source of Referrals:

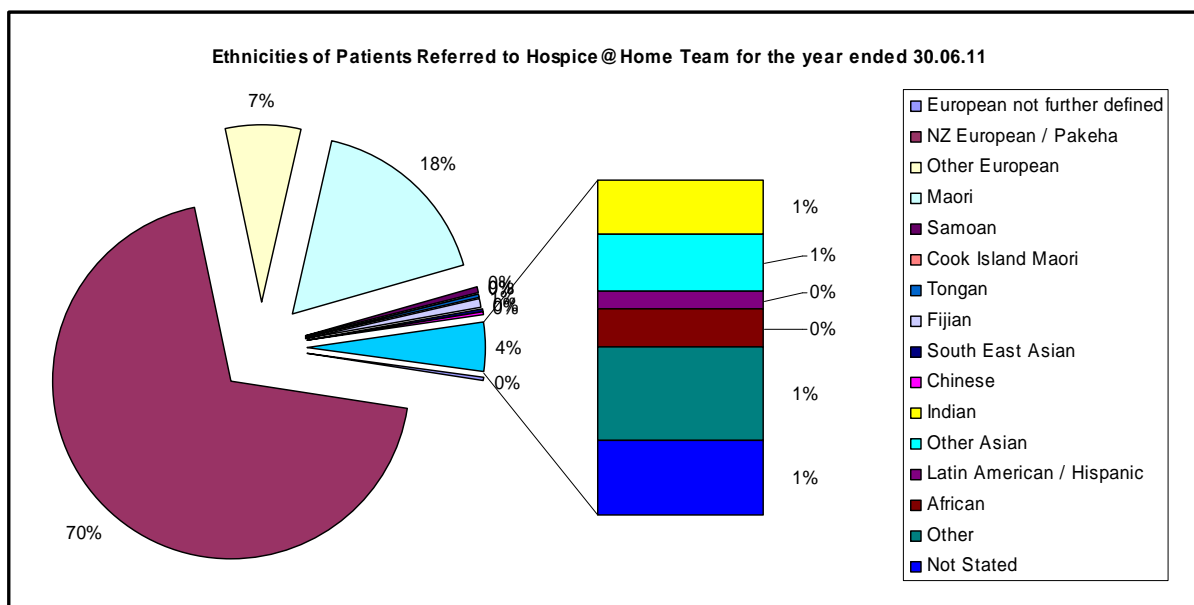
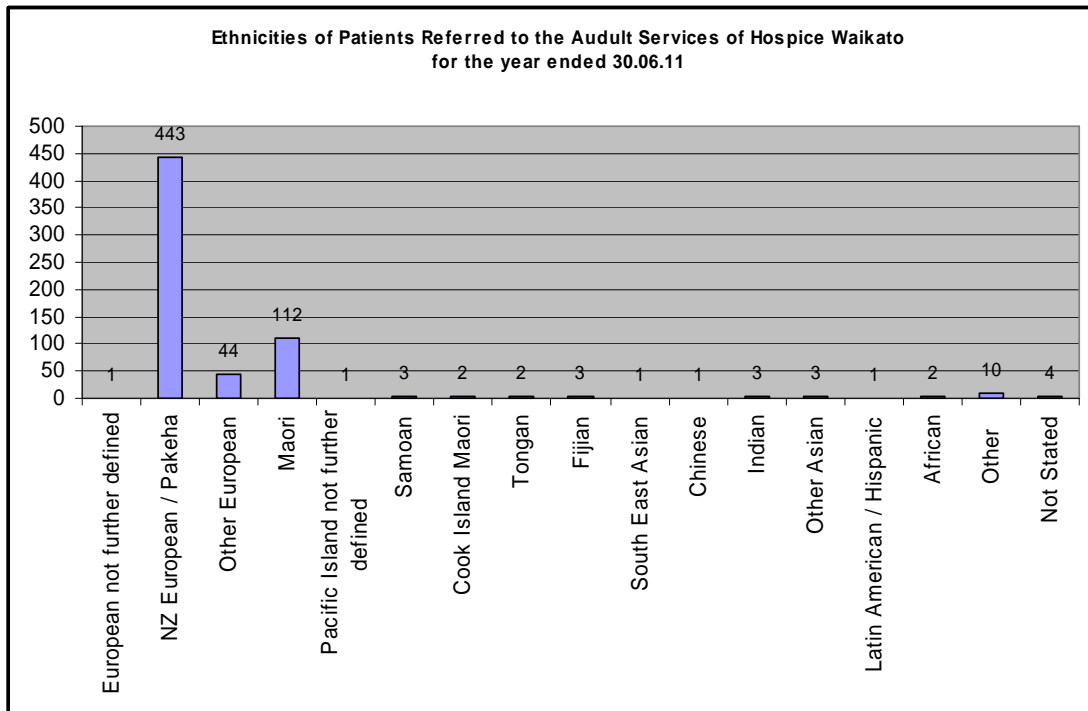


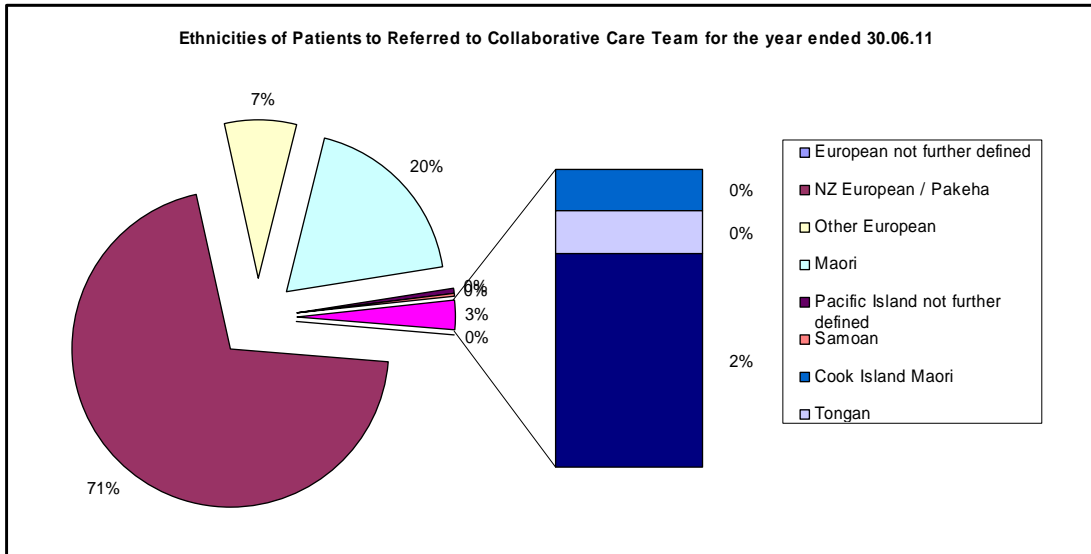




Ethnicities:

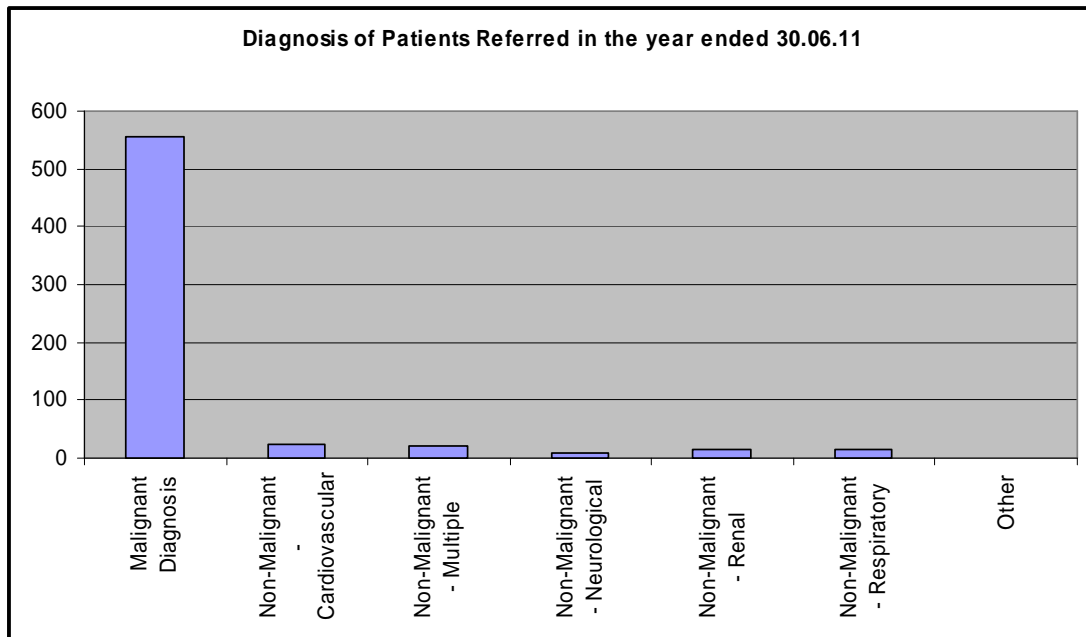
NZ European / Pakeha made up the majority of those referred to the Hospice Waikato adult service with Maori representing 18% of those referred in the Hospice@Home region and 20% to the Collaborative Care Service. Currently Maori children and young people make up 35% of the Rainbow Place referrals.





Diagnosis:

The majority of people (87%) referred to Hospice Waikato adult service have a primary diagnosis of malignant disease. Hospice Waikato accepts referrals for people with other end of life diagnoses provided their palliative diagnosis is confirmed by a medical practitioner. The number of people with non-malignant diagnoses has remained the same compared with last year.





Age / Gender:

The youngest person referred to the adult services of Hospice Waikato during the period 1 July 2010 until 30 June 2011 was 17 years and the oldest 100. The average age of those referred was 71.

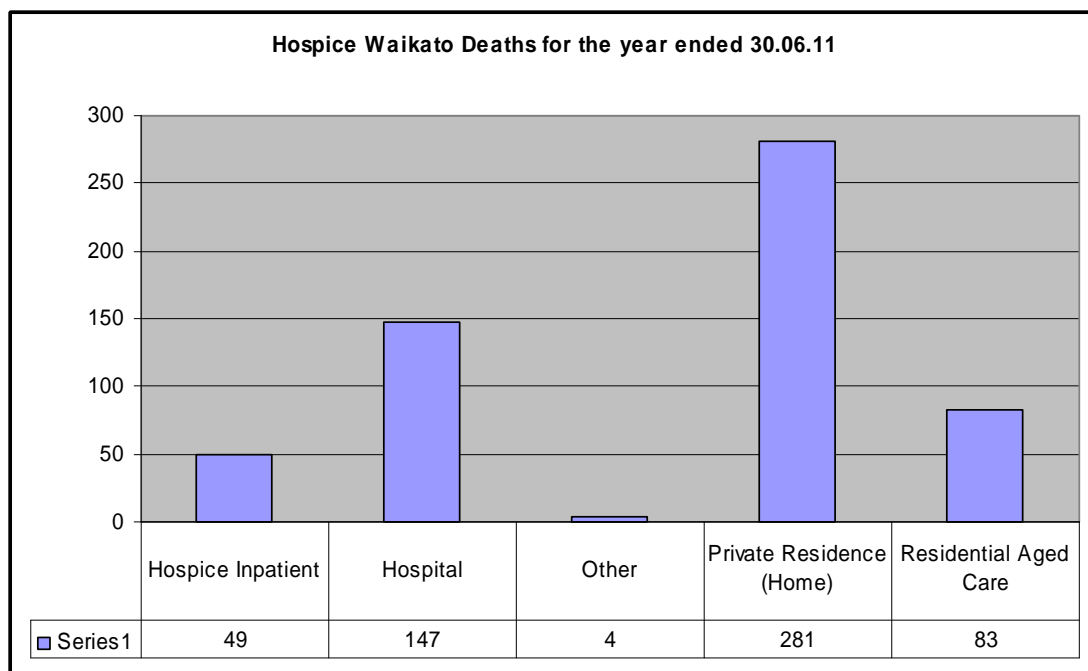
There were 196 women and 205 men referred to the Hospice@Home team and 104 women and 131 men referred to the Collaborative Care team.

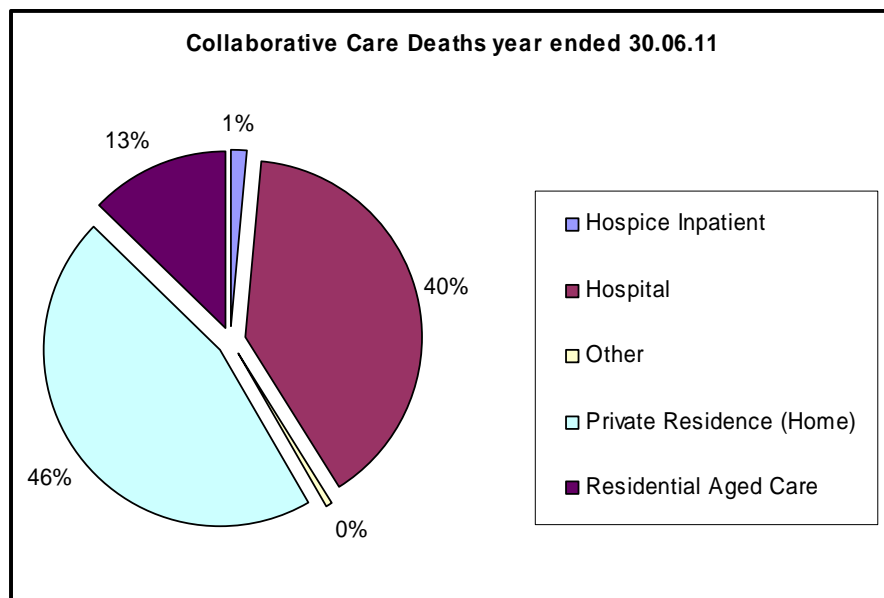
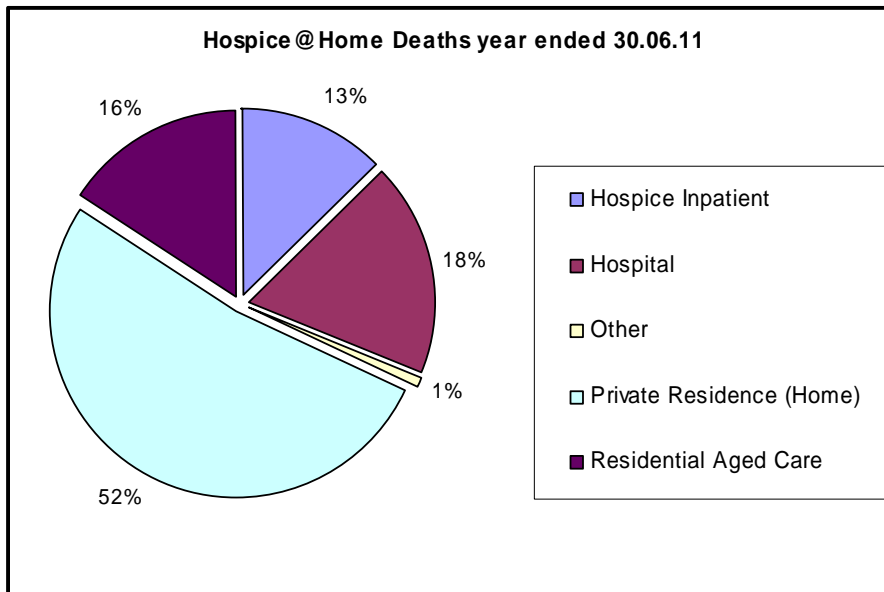
Deaths:

During the period 1 July 2010 to 30 June 2011 Hospice Waikato had a total of 564 adult deaths. 360 of these were in the Hospice@Home region and 204 were rural Collaborative Care.

A significant change worth noting is that in the year ended 30 June 2010 24% of our Hospice@Home patients died in public hospital. This year this figure has dropped to 18% which will have a direct link to the opening of the In-patient unit. Similarly there has been a drop in the numbers dying in a residential aged care facility 20% last year compared with 16% this year while the numbers dying at home remain the same at 52%.

Significantly, more people die in Hospital in the rural areas (40%) than in the Hospice@Home area. This will relate to the lack of rest home beds in some areas and the significant amount of palliative end of life care provided by the District Hospitals. There is an expectation of many people living rurally that the local hospital is where they go when they are dying and all have single rooms specially set up for this purpose.





Referrals to Counselling and Social Work:

227 adult clients were referred for social work assistance in the year ended 30 June 2011. The majority of these referrals were for clients from the Hospice@Home team. Hospice Waikato does however, assist in the rural areas when there is a need that cannot be met readily by Community Health social workers. Our social worker has a wealth of information which is readily shared with patients, their families and members of the inter-disciplinary team on a consultancy basis to support them and /or practice.

212 adult clients were referred for one to one counselling for varying numbers of sessions depending on client need. These figures do not include those who have attended therapy groups during the year. Clients from across the whole region can access counselling. Where distance is a factor clients are referred to other counsellors in the community in which they live.



Bereavement:

623 adults were current in our bereavement service as at 30 June 2011. We have increased the range of services available to them during the 13 months post death that their file remains current. Where there is a specific counselling need identified bereaved people may stay current for a further 6 months i.e. 19 months post the death of their loved one.

During this year services to the bereaved have been extended to include Body n' Soul, an evening therapeutic group which has been well attended.

Remembrance Services for the bereaved were held in Hamilton, Te Kuiti, Te Awamutu and for the first time Waihi. Numbers attending these services increase each year.

Volunteers:

Volunteering for hospice provides positive experiences for the 400+ volunteers who work in specific areas including family support, life review, delivering equipment, hairdressing, beautician, photography, massage, bereavement, administration, fundraising, shop assistants, event management and reception hosts. Volunteers work across the region and all make a significant contribution towards hospice and the patients and families we serve. 39,000 hours were contributed by volunteers in the year ended 30 June 2011



Outcomes for year ended 30 June 2011 Rainbow Place

Hospice Waikato provides accessible, quality palliative care to all age groups and cultures across the whole Waikato, King Country and Thames/Coromandel region. Hospice Waikato is the only service of its type in the Waikato and the only Hospice in New Zealand to have a separate designated service for children and young people which is Rainbow Place.

The region that we work in mirrors that of the Waikato District Health Board.



Rainbow Place services include a team of nurses and therapists who provide specialist child focused, family centred services to children and young people across the region who are affected by serious illness and/or bereavement. The service is for children, young people (up to 19 years), their families and friends. Referrals can be made for children and young people:

- Affected by the serious illness and/or death of a loved one
- Affected by the sudden death of a loved one, caused by an underlying medical condition e.g. Heart attack, Stroke, Aneurism, Severe allergy, Asthma attack etc
- Who themselves have a life limiting / life threatening or palliative illness

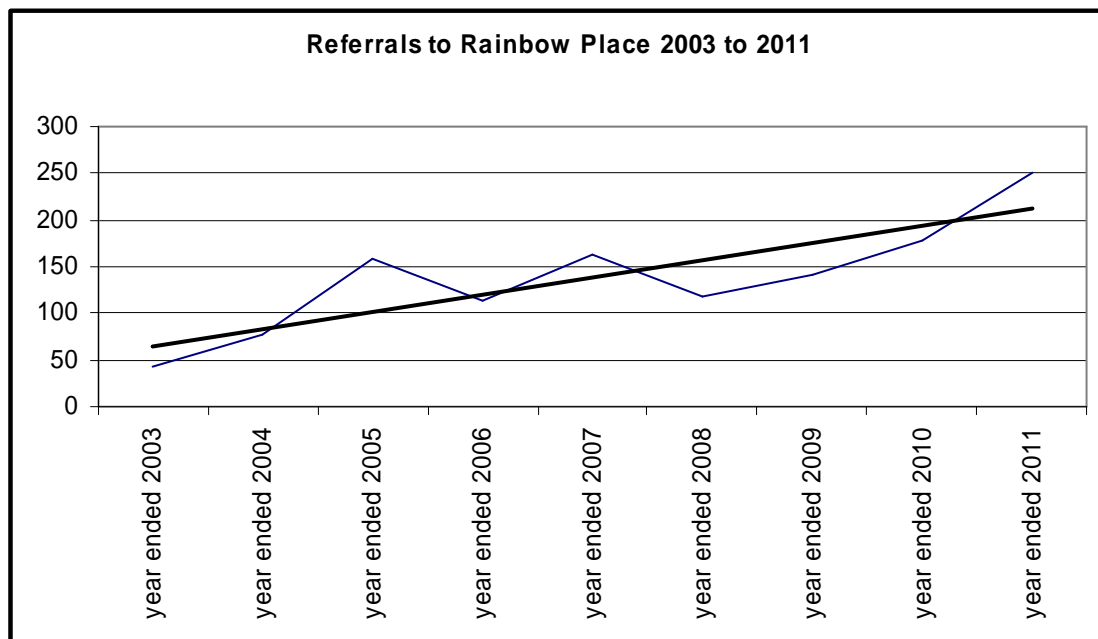
NB: The parents of sick children are also supported.



Referrals:

As at 30 June 2010 the Rainbow Place team had a current case load of 177. At the end of 30 June 2011 the total number of children and young people being supported was 285, this included 14 sick and 271 grieving children and young people.

Rainbow Place received 250 referrals in the year ended 30 June 2011. This includes both sick children and grieving children. The service has continued to grow since its inception in 2003.

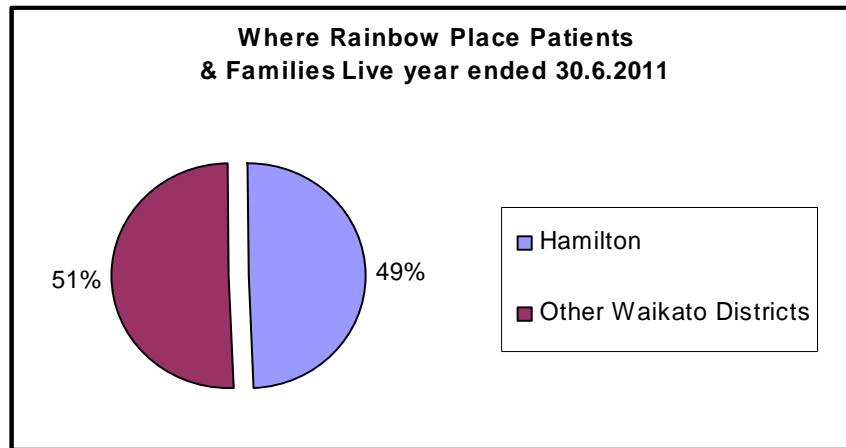




Where patients and families live:

49% of the children who were referred in the year ended 30 June 2011 lived in Hamilton with the remaining 51% coming from across the Waikato, Coromandel / Thames Valley /Hauraki, King Country, Ruapehu region.

The Rainbow Place team work with children at Rainbow Place, in their homes, at their schools, in hospital, or other appropriate community facilities.



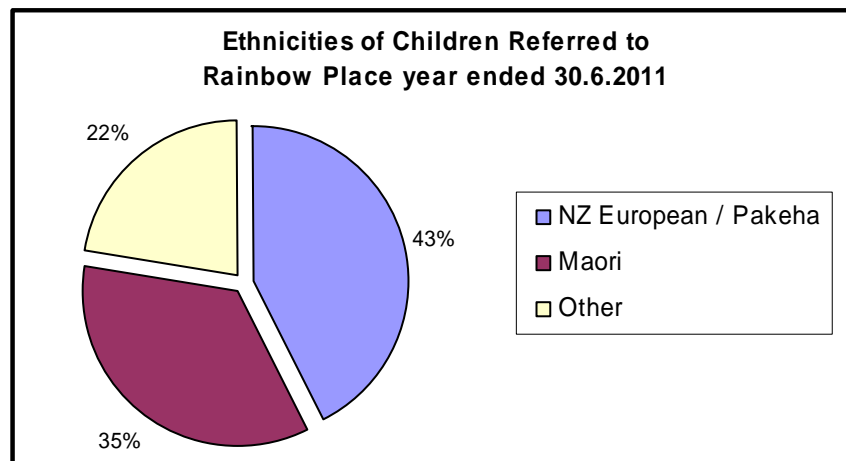
It needs to be remembered that the graphs above refer to new referrals received during the year ended 30 June 11 and does not include the patients who were current at the beginning of the year.

Source of Referrals:

Children are referred from a variety of sources including hospice nurses, district nursing service, hospital wards, palliative care unit, schools, the Child Cancer Foundation, the Cancer Society or from their own parents or family members.

Ethnicities:

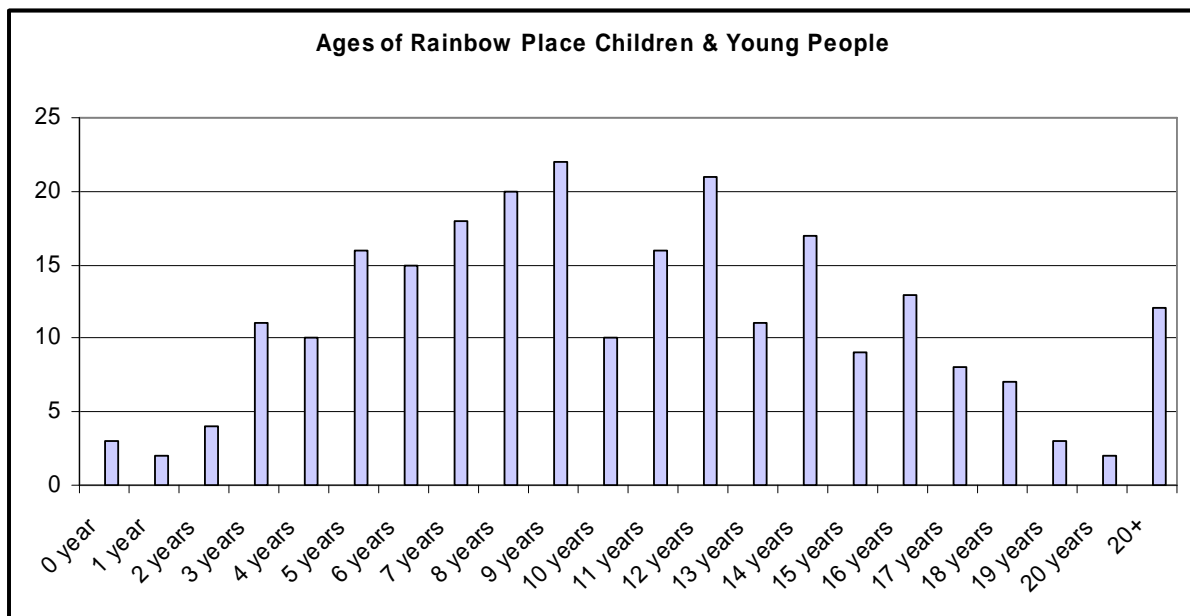
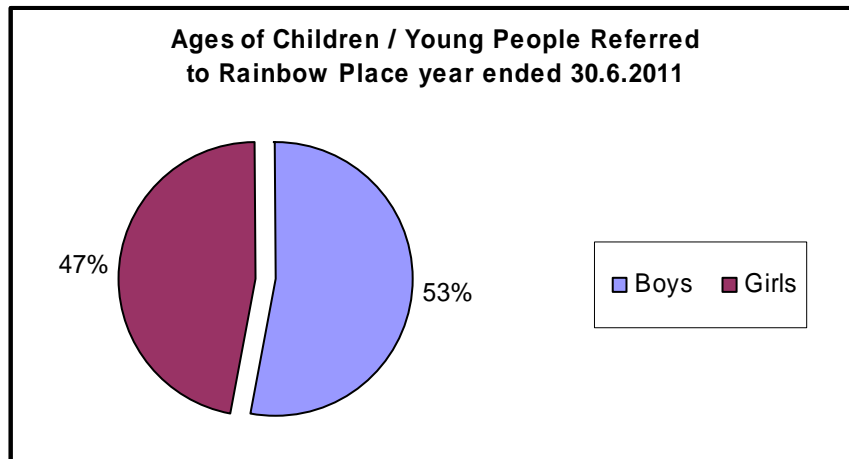
35% of referrals received by Rainbow Place in the year ended 30 June 2011 were Maori with 43% NZ European / Pakeha and remaining 22 % other ethnicities.





Gender / Age:

There were 132 boys and 118 girls referred to Rainbow Place. This year the youngest were babies in their first year, and the oldest was in their 20's. We also had two women in their 40's with special needs that were supported.





Volunteers:

Volunteering for Rainbow Place provides positive experiences for many specially trained volunteers who assist the team during therapeutic workshops, administration duties, fundraising and events.

Working with Children:

The therapeutic team at Rainbow Place use a wide range of therapeutic interventions when working with young clients. These include art, play therapy, sand tray therapy, hospital play, story telling, dance, drama and memory making. Team members work with children one-on-one, in families or at group workshops.

The children's nursing service continues to be available in children's homes, and since March this year at Rainbow Place with the opening of the two new in-patient beds with adjoining family accommodation. So far 8 sick children and their families have accessed Rainbow Place 16 "sleepovers" with very positive feedback received from the children and their families. End-of-life care packages can also be accessed at Rainbow Place if things get too hard at home for families.